

### CPD Online

143 **New from CPD Online**

### Cochrane corner

144 **Exercise therapy for chronic fatigue syndrome**

Lillebeth Larun, Kjetil G. Brurberg, Jan Odgaard-Jensen & Jonathan R. Price

### Round the corner

145 **Controversy over exercise therapy for chronic fatigue syndrome: key lessons for clinicians and academics**

Alex J. Mitchell

### Articles

149 **Microdeletion syndromes and psychiatry: an update**

Melvyn W. B. Zhang, Nikki Fong, Ying Hui Quek, Cyrus S. H. Ho, Beng Yeong Ng & Roger C. M. Ho

158 **Hyperprolactinaemia: a guide for psychiatrists**

Ovais Wadoo, Aadil Jan Shah, Rachael Hall & Yaasir Mamoojee

169 **Controversial treatments in psychiatry**

Jason Luty

179 **Supporting carers of people with dementia: what is effective?**

Graham A. Jackson & Debbie Browne

187 **Moral responsibility in psychopathy: a clinicophilosophical case discussion**

Steve Ramplin & Gloria Ayob

196 **Parity of esteem: addressing the inequalities between mental and physical healthcare**

Alex J. Mitchell, Sheila Hardy & David Shiers

206 **Quality improvement for psychiatrists**

Genevieve Holt, Howard Ryland & Amar Shah

### Refreshment

167 **Comorbidity, consanguinity and co-occurrence**

Peter Tyrer

#### Cover image

Quality improvement (QI) can transform care delivery at a sustainable pace in times of financial constraint. Holt *et al* (206–214) discuss the concept of QI in healthcare, its challenges and determinants of success. They outline several QI models and use the experience of a London NHS trust to describe a QI programme in practice. Cover image: © iStockphoto/RomoloTavani